

Day 01
May 11 2018

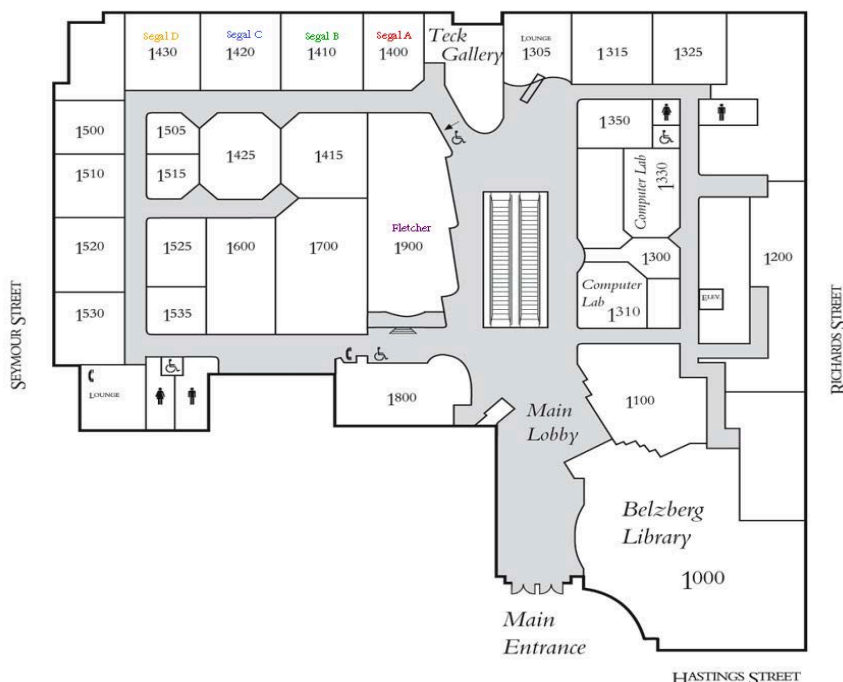
Canadian Association of Cognitive and Behavioural Therapies Meeting
Congrès de l'Association Canadienne des Thérapies Cognitives et Comportementales

Innovations and Advances in CBT

Registration Opens at 7:30am In The Concourse

SEGAL CENTRE A - D		FLETCHER		LEGEND
8:00-8:20	Welcome and Opening Remarks			
8:30-10:30	So You Are Thinking of Using Mindfulness Meditation with your Clients? How to Introduce and Monitor Mindfulness Meditation in Therapy Dr. Mark Lau	8:30-9:30	KEYNOTE: Testing and Dissemination of Empirically-Supported Treatment for Pediatric Anxiety Dr. Martin Franklin	Workshop
		9:45-10:30	Ending Cognitive Behavioural Treatment: When Clinical Realities Collide with Empirical Evidence Dr. Deborah Dobson	Welcome/ Special Event
10:30-10:45	Snack Break	10:30-10:45	Snack Break	Panel Discussion
10:45-11:45	So You Are Thinking of Using Mindfulness Meditation with your Clients? How to Introduce and Monitor Mindfulness Meditation in Therapy Dr. Mark Lau	10:45-11:45	Ending Cognitive Behavioural Treatment: When Clinical Realities Collide with Empirical Evidence Dr. Deborah Dobson	Keynote/ Presidential Address
12:00-1:00	LUNCH and ANNUAL GENERAL MEETING			Poster Session
1:00-2:30	Symposium: Innovations in the Treatment of Anxiety: Ideas for Improving Access, Cost-Effectiveness, and Outcome of CBT Chairs: Dr. Karen Rowa & Dr. Gillian Alcolado Discussant: Dr. Randi McCabe	1:00-2:30	Incorporating CBT for Insomnia into Existing Treatments for Other Primary Presenting Problems Dr. Colleen Carney	Symposium
2:30-2:45	Snack Break	2:30-2:45	Snack Break	Break
2:45-3:15	Panel discussion - Increasing Access to Structured Psychotherapy in the Canadian Context Panelists to be determined	2:45-4:00	Incorporating CBT for Insomnia into Existing Treatments for Other Primary Presenting Problems Dr. Colleen Carney	
4:15-5:30			PRESIDENTIAL ADDRESS: Theory Informing Practice: The Evolution of CBT for Generalized Anxiety Disorder Dr. Melisa Robichaud	
5:30-7:00	Poster Session and Wine & Cheese			

CORDOVA STREET



Day
 02

 May 12
 2018

 Canadian Association of Cognitive and Behavioural Therapies Meeting
 Congrès de l'Association Canadienne des Thérapies Cognitives et Comportementales

innovations and Advances in CBT

registration Opens at 8:00am In The Concourse

SEGAL CENTRE A/B

SEGAL CENTRE C/D

FLETCHER

8:30-10:30	Psychological Strategies for the Management of Chronic Complex Pain Dr. Ingrid Fedoroff	Assessment and Treatment of Pediatric ADHD Dr. Candice Murray	8:30-10:30	Working with Negative Cognitions in Depression Dr. Keith Dobson
10:30-10:45	Snack Break		10:30-10:45	Snack Break
10:45-12:00	Symposium: Bring on the Bad Thoughts and Let's Fight Back OCD - Innovative Treatment Planning of OCD with "Taboo" Content Chair: Dr. Felicity Sapp	Symposium: Innovations and Advances in CBT Processes for Social Anxiety: Mobilizing New Knowledge from Experimental and Treatment Studies Chairs: Kevin Barber, MA & Dr. David Moscovitch Discussant: Dr. Randi McCabe	10:45-12:00	Symposium: Hoarding Disorder and the Psychology of Ownership Chair: Dr. Sheila Woody Discussant: Dr. Gail Steketee
12:00-1:00	LUNCH			
1:00-2:30			1:00-2:30	The Academic Life and Times of Dr. Jack Rachman: A conversation guided by Dr. Adam Radomsky & Dr. Maureen Whittal
2:30-2:45	Snack Break		2:30-2:45	Snack Break
2:45-4:00	Symposium: Online CBT for Perinatal Anxiety Chair & Discussant: Dr. Nichole Fairbrother	Symposium: In with the New and Renewing the Old: Exploring Overlooked Maintenance Factors in Obsessive-Compulsive Disorder Chairs: Brenda Chiang, MA & Dr. Shiu Wong Discussant: Dr. Karen Rowa	2:45-4:00	Symposium: Adapting Cognitive Behavioural Therapy to Enhance Dissemination Chair: Dr. Deborah Dobson
4:15-5:15	KEYNOTE: Thrive: How Better Psychological Therapy Provision Transforms Lives and Saves Money VIDEOCONFERENCE IN SEGAL CENTRE A/B Dr. David M. Clark			KEYNOTE: Thrive: How Better Psychological Therapy Provision Transforms Lives and Saves Money Dr. David M. Clark

LEGEND

Workshop

 Welcome/
 Special
 Event

 Panel
 Discussion

 Keynote/
 Presidential
 Address

 Poster
 Session

Symposium

Break