

AnxietyBC & CACBT Present

WORRIES AND THE BLUES ON CAMPUS

How to Recognize Anxiety and Depression in University Students

Thursday, May 10, 2018
6pm to 8pm

At
Harbour
Centre

Simon Fraser
University
515 W Hastings St, Vancouver
HC 7000 - Earl & Jennie Lohn Policy Room

A FREE PANEL DISCUSSION

with Registered Psychologists **Dr. Katherine Martinez** and **Dr. Brandy McGee** from the Vancouver CBT Centre; including panelists **Briana Dunlop** and **Joey Laguio** who will share their personal experiences with anxiety and depression.

Moderated by North Shore Stress and Anxiety Clinic's Dr. Melanie Badali.

LEARN HOW TO:

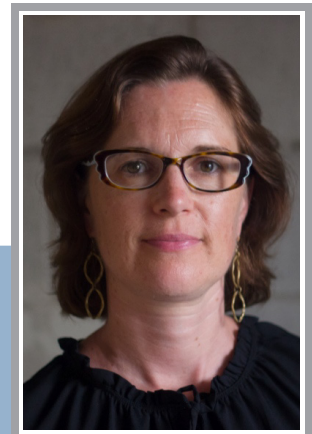
Recognize the common warning signs of anxiety & depression in yourself or a loved one, and ways to manage it.



Dr. Melanie Badali



Dr. Brandy McGee



Dr. Katherine Martinez

