In this address, Dr. Dobson will briefly review the CBT model for major depression and its clinical efficacy. Contemporary insights into the nature of clinical depression will be contrasted with the CBT model and its corresponding treatment of depression. Several points of disjunction between the evidence base and the practice of CBT for depression will be discussed, and the implications for the training of therapists, and the delivery of evidence-based CBT for depression will be discussed. It will be concluded that although CBT for depression remains an evidence-based therapy and should rightfully be part of clinical practice guidelines, the field potentially can make improvements, and that we can do better for those patients who could benefit from treatment.