



CANADIAN ASSOCIATION OF COGNITIVE AND BEHAVIOURAL THERAPIES
ASSOCIATION CANADIENNE DES THÉRAPIES COGNITIVES ET COMPORTEMENTALES

May 12 & 13, 2022

Virtual Conference

In-Person Networking in
Vancouver

www.cacbt.ca

12th Annual Conference

DAY 1 • Thursday, May 12, 2022

7:30 - 9:00 am (PST)	President's Welcome Annual General Meeting
9:00 - 9:30 am (PST)	Break (Let's network in GatherTown)
9:30 - 11:30 am (PST)	Featured Workshop: Affirmative CBT: What to know when working with LGBTQ+ clients Dr. Christopher Martell
11:30 am - 12:30 pm (PST)	Lunch Break (Let's network in GatherTown)
12:30 - 3:30 pm (PST)	(cont'd.) Featured Workshop: Affirmative CBT: What to know when working with LGBTQ+ clients Dr. Christopher Martell
3:30 - 4:00 pm (PST)	Break (Let's network in GatherTown)
4:00 - 5:00 pm (PST)	Virtual Wine & Cheese Network and Introduction to Conference Venue (GatherTown)
5:00 - 6:30 pm (PST)	Ambassador Event (In Person)

DAY 2 • Friday, May 13, 2022

	ZOOM 1	ZOOM 2	ZOOM 3
8:00 - 9:30 am (PST)	Workshop 1: CBT for Health Anxiety and Fear of Death Dr. Patricia Furer	Workshop 2: CBT in the Virtual Environment: Advances and Lessons Learned Dr. Christine Korol	Workshop 3 (en français): Manger en pleine conscience : Réfléchir avant d'agir pour ne pas nuire Dr. Johana Monthuy-Blanc et Dr. Marie-Josée St-Pierre
9:30 - 10:00 am (PST)	Break (Let's network in GatherTown)		
10:00 - 11:30 am (PST)	Workshop 1 cont'd.	Workshop 2 cont'd.	Workshop 3 (en français) cont'd.
11:30 am - 1:30 pm (PST)	Poster Session Sponsors & Exhibitors		
1:30 - 2:30 pm (PST)	Symposium 1	Symposium 2	Student Event: Workshop & Panel How do you get stellar CBT training in your field?
2:30 - 2:45 pm (PST)	Short Break		
2:45 - 3:45 pm (PST)	Symposium 3	Symposium 4	Student Event cont'd.
3:45 - 4:00 pm (PST)	Short Break		
4:00 - 5:30 pm (PST)	Keynote Address: ACT, Psychological Flexibility, and the Future of CBT Dr. Steven C. Hayes		
5:30 - 7:00 pm (PST)	GatherTown (open for networking)		