



Canadian Association of  
Cognitive and  
Behavioural Therapies /  
Association Canadienne  
des thérapies cognitives  
et comportementales

# VIRTUAL CONFERENCE

## May 12-13, 2022

*Join us for the 12<sup>th</sup> Annual  
Conference of the CACBT-ACTCC!*

Thursday, May 12<sup>th</sup>

- Full-day workshop by Dr. Christopher Martell, University of Massachusetts Amherst

Friday, May 13<sup>th</sup>

- Three half-day workshops
- Poster session
- Invited talk (en français) by Dr. Michel Dugas, Université du Québec en Outaouais
- Three research-to-practice symposia
- A workshop and panel discussion for students on getting stellar CBT training in their fields
- Keynote address by Dr. Steven C. Hayes, University of Nevada



**Dr. Steven C. Hayes**  
Keynote address:  
ACT, Psychological  
Flexibility, and the Future  
of CBT



**Dr. Christopher Martell**  
Full-day workshop:  
Affirmative CBT: What to  
know when working with  
LGBTQ+ clients



**Dr. Patricia Furer**  
Half-day workshop:  
Cognitive-Behavioural  
Treatment for Health  
Anxiety and Fear of Death



**Dr. Christine Korol**  
Half-day workshop:  
CBT in the Virtual  
Environment: Advances  
and Lessons Learned



**Dr. Johana Monthuy-Blanc,  
Dr. Marie-Josée St-Pierre, &  
Émie Therrien**

Half-day workshop (en français):  
Manger en pleine conscience : réfléchir  
avant d'agir pour ne pas nuire

For more information and to register: [www.cacbt.ca](http://www.cacbt.ca)