



CANADIAN ASSOCIATION OF COGNITIVE AND BEHAVIOURAL THERAPIES
ASSOCIATION CANADIENNE DES THÉRAPIES COGNITIVES ET COMPORTEMENTALES

12th Annual Conference

May 12 & 13, 2022

Virtual Conference

In-Person Networking in
Vancouver

www.cacbt.ca

Please note that all conference sessions are scheduled in Pacific Time

DAY 1 • Thursday, May 12, 2022

7:30 - 9:00 am PT North Conference Rm	President's Welcome Annual General Meeting		
9:00 - 9:30 am PT	Break (Let's network in Gather.town)		
9:30 - 11:30 am PT East Conference Rm	Traduction simultanée en français	Affirmative CBT: What to know when working with LGBTQ+ clients Dr. Christopher Martell	
11:30 am - 12:30 pm PT	Lunch Break (Let's network in Gather.town)		
12:30 - 3:30 pm PT East Conference Rm	Traduction simultanée en français	Affirmative CBT: What to know when working with LGBTQ+ clients Dr. Christopher Martell	
3:30 - 4:00 pm PT	Break (Let's network in Gather.town)		
4:00 - 5:00 pm PT Lounge	Virtual Wine & Cheese Network and Introduction to Conference Venue (Gather.town)		

DAY 2 • Friday, May 13, 2022

	West Conference Room	North Conference Room	East Conference Room
8:00 - 9:30 am PT	Workshop 1 CBT for Health Anxiety and Fear of Death Dr. Patricia Furer 	Workshop 2 CBT in the Virtual Environment: Advances and Lessons Learned Dr. Christine Korol 	Workshop 3 (en français) Manger en pleine conscience : réfléchir avant d'agir pour ne pas nuire Dr. Johana Monthuy-Blanc, Dr. Marie-Josée St-Pierre, et Émie Therrien
9:30 - 10:00 am PT	Break (Let's network in Gather.town)		
10:00 - 11:30 am PT	Workshop 1 cont'd. 	Workshop 2 cont'd. 	Workshop 3 (en français) cont'd.
11:30 am - 1:30 pm PT	Poster Rooms 1 & 2 Poster Session Sponsors & Exhibitors		
1:30 - 2:30 pm PT	Student Event: Workshop & Panel How do you get stellar CBT training in your field?	Symposium 1 Obsessive-Compulsive Disorder: New Advances in Research and Clinical Applications	Invited Talk (en français) Le traitement de l'anxiété généralisée : est-il nécessaire d'utiliser plusieurs interventions ? Dr. Michel Dugas
2:30 - 2:45 pm PT	Short Break		
2:45 - 3:45 pm PT	Student Event cont'd.	Symposium 2 Interpersonal Considerations in Obsessive-Compulsive Disorder and Generalized Anxiety Disorder	Symposium 3 (en français) Cibler les processus transdiagnostics grâce aux approches de thérapie cognitivo-comportementales
3:45 - 4:00 pm PT	Short Break		
4:00 - 5:30 pm PT	North Conference Room Keynote Address ACT, Psychological Flexibility, and the Future of CBT Dr. Steven C. Hayes		
All areas (except for conference rooms) available			
5:30 - 7:00 pm PT	Gather.town (open for networking)		



CE credits available for workshops. The Canadian Association of Cognitive and Behavioural Therapies is approved by the Canadian Psychological Association to offer continuing education for psychologists. The Canadian Association of Cognitive and Behavioural Therapies maintains responsibility for the program.