



Dear CACBT Delegate,

We are excited to announce that registration for this year's CACBT conference, Towards Culturally Responsive CBT, is open!

As you know, cognitive-behavioural therapy and the CACBT have a lot of work ahead of us to better represent and meet the needs of racialized and marginalized Canadians. This is only one step. We hope you will join us.

On May 4 - 6, 2023 join us either virtually or in person at Dalhousie University in beautiful Halifax, Nova Scotia.

Conference highlights include the following:

- Featured Keynote by **Dr. Judith Beck**
- Featured Workshop by **Dr. Christine Padesky**
- Keynotes by **Dr. Nigel Lou** and **Dr. Sarah Victor**
- Workshops by **Dr. Philippe Shnaider**, **Dr. Taylor Hatchard**, and **Dr. Ghayda Hassan**
- Clinical Skills Trainings by **Charity Fleming, MSW**, and **Dr. Marjory Phillips**
- Clinical Symposium by **Dr. Jude Mary Cénat** and **Dr. Angela Haeny**
- Research Symposium by **Dr. Sherry Stewart**

These events speak to how we might adapt CBT for our clients who are Indigenous, from ethnic and religious minorities, 2SLGBTQIA+, and/or neurodiverse, as well as the importance of destigmatizing mental illness among ourselves, cognitive-behavioural therapists, researchers, and trainees.

We are also pleased to be featuring the following:

- Virtual Poster Fair;
- Student Professional Development Awards, which include awards specifically for students who are Indigenous, Black, and/or Persons of Colour;
- In-person and virtual exhibitors; and
- In-person and virtual networking opportunities and social events.

The early bird registration deadline is **April 15, 2023**.

Note that membership must be current at the time of registration to be eligible for CACBT member conference rates. (Full Membership: \$125/year; Student Membership: \$60/year)

Details about the conference can be found at [2023 CACBT Conference webpage](#).

We look forward to seeing you in May!

Jacquie Cohen, PhD, RPsych
CACBT-ACTCC President-Président



Alissa Pencer, Ph.D
Conference Co-Chair | Co-présidente de la conférence

