

13th Annual Conference - Schedule

MAY 4 – 6, 2023 – HYBRID CONFERENCE

Join us virtually or in person at Dalhousie University in the Marion McCain Building



Note that the schedule is in Atlantic Time (AT)

DAY 1 • Thursday, May 4, 2023

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| 1430 – 1500 (AT) | REGISTRATION In person delegates are invited to join us in the Lobby. All delegates (virtual and in person) are asked to create a profile on Swapcard to make the most of the conference. | |
| 1500 – 1615 (AT) | FEATURED KEYNOTE: Dr. Judith Beck <i>Recovery-Oriented Cognitive Therapy</i> Dr. Beck will be joining us virtually in the Scotiabank Auditorium. Her talk will be streamed live on Swapcard. | |
| 1615 – 1630 (AT) | BREAK | |
| 1630 – 1830 (AT) | FEATURED WORKSHOP: Dr. Christine Padesky <i>Engaging Clients in Collaborative Case Conceptualization</i> Dr. Padesky will be joining us virtually in the Scotiabank Auditorium. Her workshop will be streamed live on Swapcard. | |

DAY 2 • Friday, May 5, 2023

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| 0930 – 1045 (AT) | KEYNOTE: Dr. Sarah Victor <i>From a Culture of Silence toward a Culture of Inclusion: Destigmatizing Mental Illness Among Mental Health Providers, Researchers, and Trainees</i> Dr. Victor will be joining us virtually in the Scotiabank Auditorium. Her talk will be streamed live on Swapcard. | |
| 1045 – 1100 (AT) | BREAK | |
| 1100 – 1230 (AT) | CLINICAL SYMPOSIUM: Dr. Jude Mary Cénat & Dr. Angela Haeny <i>From a Colourblind Approach to Antiracist CBT</i> Drs. Cénat and Haeny will be joining us virtually in the Scotiabank Auditorium. Their symposium will be streamed live on Swapcard. | |
| 1230 – 1330 (AT) | LUNCH | |
| 1330 – 1630 (AT) (BREAK 1445-1500) | WORKSHOP: Dr. Taylor Hatchard <i>Healing Minority Stress among the 2SLGBTQIA+ Community through CBT</i> Dr. Hatchard will be presenting in person in the Scotiabank Auditorium. His workshop will be streamed live on Swapcard. | |
| 1630H-1830 (AT) | WORKSHOP: Dr. Ghayda Hassan <i>Identity, Belonging, and Mental Health of Children and Adolescents from Ethnic/ Religious Minorities</i> Dr. Hassan will be presenting in person in Ondaatje Hall. Her workshop will be streamed live on Swapcard. | |
| 1630H-1830 (AT) | POSTER SESSION & SOCIAL EVENT In-person and virtual delegates: Join our poster presenters on Swapcard using your phone, laptop, or computer. For in person delegates, there will be appetizers and a cash bar in the Lobby. | |

DAY 3 • Saturday, May 6, 2023

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| 0930 – 1230 (AT) (BREAK 1045 -1100) | WORKSHOP: Dr. Philippe Shnaider <i>Improving Your Socratic Dialogue Skills in the Treatment of Post-Traumatic Stress Disorder</i> Dr. Shnaider will be presenting in person in the Scotiabank Auditorium. His workshop will be streamed live on Swapcard. | |
| 1230 – 1330 (AT) | LUNCH | |
| 1330 – 1500 (AT) | CLINICAL SKILLS TRAINING: Dr. Marjory Phillips <i>Adapting CBT for Children and Youth with Neurodevelopmental Disorders</i> Dr. Phillips will be presenting in person in the Scotiabank Auditorium. Her talk will be streamed live on Swapcard. | RESEARCH SYMPOSIUM: Dr. Sherry Stewart <i>Personality-Targeted Interventions for Youth Substance Use: Adaptations for Differing Populations and Contexts</i> Dr. Stewart will be presenting in person in Ondaatje Hall. Her talk will be streamed live on Swapcard. |
| 1500 – 1515 (AT) | BREAK | |
| 1515 – 1645 (AT) | CLINICAL SKILLS TRAINING: Charity Fleming, MSW <i>Introducing Mikwendaagwad "It Is Remembered" Sacred Circle CBT</i> Ms. Fleming will be presenting in person in the Scotiabank Auditorium. Her talk will be streamed live on Swapcard. | |
| 1645 – 1700 (AT) | BREAK | |
| 1700 – 1830 (AT) | CLOSING KEYNOTE: Dr. Nigel Lou <i>The Dual Pandemic of COVID and Racism: Asian Canadian Experiences</i> Dr. Lou will be joining us virtually in the Scotiabank Auditorium. His talk will be streamed live on Swapcard. | |



The CACBT has Canadian Psychological Association approval to provide continuing education credits for these keynotes and workshops. The CACBT maintains responsibility for the program.